

Lilly the Lash

Girl Scout Patch Program - Option 2

"I'll Wear It Proud"

Age Level:

Juniors

Group Size:

1 to 30

Materials:

The Garden Gathering book by Julie Woik

My T-shirt Story (included)

Girl Scout to bring: White T-shirt to paint and write on (Wash beforehand!)

Colored permanent markers

Fabric Paints

Positive Thoughts and Imagination!



Discover:

Read The Garden Gathering together as a group. Discuss why you think Lilly the Lash brought Arnie into Sunny's life. Discover how positive encouragement can raise someone's self-esteem. Do you think positive comments affect how a person acts or what they do next? Why?

Connect:

- Girl Scouts will place their T-shirt on the table.
- Temporarily line the inside of the shirt with cardboard or something that won't allow permanent marker or paints to leak through to the other side.
- Each girl will decorate their shirt as they would like to, using positive words and comments they like about themselves.
- They can add beautiful pictures of flowers and sunshine if they like. It's fun and makes for a fantastic piece of art-wear!

Take Action:

Each Girl Scout will wear her shirt at least once this week. Have her write a paragraph about what that experience brought her. What feelings did she get from wearing her shirt? Did anyone comment on her shirt? What did they say? Each girl should bring their T-shirt Story to the next meeting and share their experience.